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# USER MANUAL

## Kangaroo Top

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## Preface

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Thank you for buying the Benjamin Kangaroo Top. This manual contains all the information you need to learn how to use this product. Please read this information carefully before using this product.

This information is aimed at both parents/caregivers and professionals working in healthcare. These user instructions explain how to use the Kangaroo Top safely both in hospital and at home.

Skin-to-skin contact is essential for child-parent bonding, especially in the first few moments after birth. It constitutes the basis for the healthy emotional, social, cognitive, and motor development of the baby. The WHO (2023) therefore recommends starting skin-to-skin contact as soon as possible after birth and using pouches as much as possible. The health benefits are countless and not just for premature or low birth weight babies. Full-term babies also develop better when they are pouched regularly.

Recent scientific research (2022) into the added value of a daily hour of skin-to-skin contact between mothers and full-term babies during the first five weeks after birth shows that it is beneficial for both. Evidence was found that this reduced maternal anxiety and fatigue as well as the baby's crying. Both the breastfeeding duration and the baby's sleep duration were also increased.

The Kangaroo Top is developed to support this special contact directly after birth.

The Kangaroo Top is suitable for use in the first period after birth in the hospital or at home.

This is the original manual. Please store safely!

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Collaboration partner:

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Babies**  
Elke dag telt



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# 1. Introduction

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## 1.1 Intended and unintended use

The Kangaroo Top is a support band for the adult upper body and is designed to position a baby up to 5 kg to ensure skin-to-skin contact between parent and baby. The Kangaroo Top is designed to be fastened around the mother after birth at the hospital or after a home birth. Never stand or walk around while carrying a baby in the Kangaroo Top. The Kangaroo Top is only suitable for supporting a baby on the chest while lying down or sitting, but may be used both in hospital and at home.

When the Kangaroo Top is used in hospital, this must be done with the supervision and approval of qualified medical personnel. At home, the Kangaroo Top can be used only after you have read and followed the safety instructions.

It's also possible to position twins in the Kangaroo Top. After birth or caesarean section, babies may only be positioned in the 'frog' posture. Consider a natural position (upright with the arms and legs bent: in M-shape) in the Kangaroo Top.

The Kangaroo Top is not suitable for use by/for:

- Obese mothers
- Very thin mothers
- Unstable and sick babies

Any other use than that described above in this manual is considered incorrect use.




## 1.2 Limitation of liability

If the product is used in a manner not in compliance with its intended use, the liability (whether arising out of or related to manufacture and sale of the goods, their demonstration, sales representation, use, performance, or otherwise, including any liability based upon Benjamin Care's product warranty) for the proper functioning of the product is permanently transferred to the owner or user.

Benjamin Care cannot be held responsible for damage caused by:

- non-compliance with the recommendations stated in this manual;
- unsuitable, wrong, or inadvisable use.

### 1.3 Symbols used

Symbol	Explanation
 <b>WARNING</b>	A warning statement refers to a condition with the possibility of personal injury if disregarded.
 <b>CAUTION</b>	A caution statement designates the possibility of damage to the product if disregarded.
<b>ATTENTION</b>	A note provides additional information intended to avoid inconvenience during use.
	This describes a step that must be taken as described in the chapter about the usage of the Kangaroo Top.

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## 2. Preventive measures and safety instructions

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- Please read and understand these instructions fully before each use.
- The Kangaroo Top may only be used as described in section 1.1 Intended and unintended use.
- In the hospital, the Kangaroo Top may only be used under the supervision and with the approval of qualified medical personnel, who are familiar with the currently known risks and benefits of using the product.
- When using the Kangaroo Top, ensure an unrestricted view of the baby so its condition can be monitored. It is the responsibility of the medical personnel to observe the baby and monitor its vital functions.
- In the event of a calamity, remove the baby directly from the Kangaroo Top by pulling the top downwards.
- Once the baby is lying in the Kangaroo Top, check regularly whether there is enough space around the baby's face and that the respiratory tract is sufficiently free so that the baby gets enough air to prevent suffocation.
- Only use the Kangaroo Top lying down or in a half-seated position to avoid the risk of the baby slipping or falling.
- To prevent falls, never crouch or bend over with the Kangaroo Top.
- To prevent strangulation and suffocation, never leave the baby unsupervised in the Kangaroo Top when it is not being worn.
- Fix and carefully check the Kangaroo Top before use.
- Never use a damaged Kangaroo Top.



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## 3. Product specifications

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### Classification

The Kangaroo Top is not a medical aid. It is only used to improve skin-to-skin contact between mother and child. This product is not intended for diagnostic and/or therapeutic purposes as referred to in Article 1. sub 2 of the Medical Devices Directive 93/42/EEC.

This product complies with CEN/TS 142372015 Textiles for healthcare and social services facilities.

Product name	Benjamin Kangaroo Top
Manufacturer	Benjamin Care
Material	90% Cotton 10% Elastane Ökotex

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## 4. Use

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You may use the Kangaroo Top for both home births and hospital births.

- For usage in the hospital, see section 4.1.
- For usage at home, see section 4.2.

### 4.1 Using the Kangaroo Top in the hospital

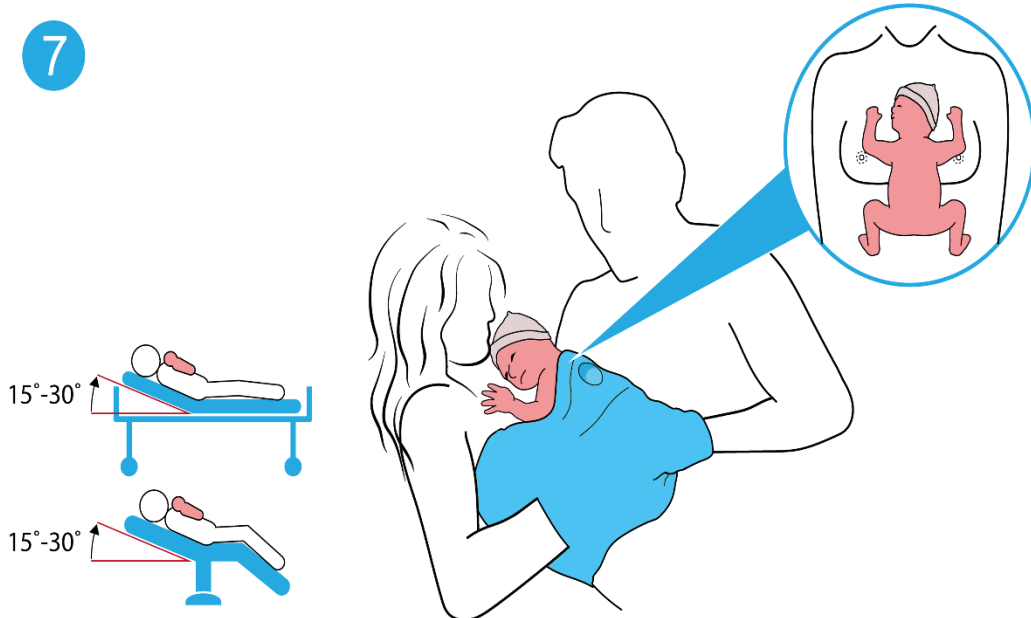
#### 4.1.1 Preparation






- Explain the purpose and use of the Kangaroo Top to the mother.
- Frequently check the baby's temperature.

#### 4.1.2 Using the Kangaroo Top


**The Kangaroo Top must be placed around the mother in the ward by a nurse.**

- 1 Choose the right size Kangaroo Top. Sizes S, M, L and XL are available. Your own clothing size is a guideline.
- 2 Pull the top over the bare upper body. The Benjamin Care/Strong Baby's label marks the front, the size label marks the back.
- 3 Slide the top to the waist.
- 4 Place the baby with only a diaper and a hat on the bare chest. Your baby's head is just above the breasts. See figure 7.
- 5 Use Kangaroo Top in a lying or half-seated position, preferably 15-30 degrees. See figure 7.
- 6 Relax and enjoy this special moment with your baby.



 <b>WARNING</b>	Make sure you can see the baby's head. Make sure the baby can breathe freely. The head should be visible above the Kangaroo Top. The correct height is when you can kiss your baby's head.
 <b>WARNING</b>	Choose the right size and make sure the Kangaroo Top fits well. Take your own clothing size as a guideline.
 <b>WARNING</b>	The Kangaroo Top should never be too tight. It should be possible to fit your hand in between.
 <b>WARNING</b>	If the Kangaroo Top is too tight or too loose, make sure to choose a different size. Make sure you hold the baby firmly and ask for assistance to prevent the baby slipping.
 <b>WARNING</b>	Always make sure the respiratory tract is free.
<b>ATTENTION</b>	Make sure that the arms and legs do not get trapped.

**To remove the baby from the Kangaroo Top:** Pull the Kangaroo Top down and remove the baby from the Kangaroo Top. Then take the Kangaroo Top off.

 <b>WARNING</b>	Hold the baby when the top is being pulled down. The baby may slip out.
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## 4.2 Using the Kangaroo Top at home

- Check the baby's temperature.
- Ensure the respiratory tract is free.

### 4.2.1 Preparation

Read the information about the purpose and use of the Kangaroo Top.

### 4.2.2 Using the Kangaroo Top

**The actions described can also be done by a midwife or maternity nurse.**

Position the baby upright in the Kangaroo Top in the middle of the parent's chest.

The baby's head should be turned to one side.

Make sure the chin is up, arms next to the head and the legs in the frog position, a natural position in which the legs lie in an M-shape.

The baby's head should be positioned so that the parents can kiss it.

 <b>WARNING</b>	The position of the parent is lying/half-seated (15 -30 degrees).
 <b>WARNING</b>	Make sure that the baby's legs and arms do not get trapped.
 <b>WARNING</b>	Make sure the baby's arms and legs are folded. See picture 7.
 <b>WARNING</b>	Make sure the head is turned to the side and that the nose is slightly upwards in the so-called 'sniffing position'. This position keeps the airways open and allows eye contact between mother and child. The upper part of the Kangaroo Top should be located at the height of the baby's earlobe.
 <b>WARNING</b>	The Kangaroo Top should never be too tight. It should be possible to fit your hand in between.
 <b>WARNING</b>	If the Kangaroo Top is too tight or too loose, make sure to choose a different size. Make sure you hold the baby firmly and ask for assistance to prevent the baby slipping.
 <b>WARNING</b>	Frequently check the baby's temperature.

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**To remove the baby from the Kangaroo Top:** Pull the Kangaroo Top down and remove the baby from the Kangaroo Top. Then take the Kangaroo Top off.





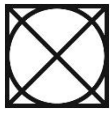


**WARNING**

When the top is pulled down, the baby may slip out.

## 5. Washing instructions

	<p>Do not dry-clean or clean this product in an autoclave. This product is not resistant to extreme heat or pressure. If the instructions given are disregarded, this could lead to premature ageing of the product.</p>
	<p>Do not use any softeners. This could cause allergic reactions. Softeners also have a strong smell. And this is not suitable for skin-to-skin contact. The smell of the mother is essential.</p>
	<p>The Kangaroo Top can be placed in a dryer. However, the dryer could have a negative effect on the product. After machine washing, it is better to air-dry the Kangaroo Top.</p>
	<p>Use a neutral washing agent.</p>
	<p>Only wash the Kangaroo Top with similar colours.</p>

Follow the instructions on the washing label. After each use in the hospital, it is necessary to wash the Kangaroo Top at 60 degrees to prevent bacterial growth. In the home situation, washing at 40 degrees is sufficient. When the Kangaroo Top is washed with other materials, it is advisable to use a washing bag. Store the Kangaroo Top in a moisture-free and clean environment.

Symbol	Meaning	Symbol	Meaning	Symbol	Meaning
	<p>Standard program 40-60 degrees</p>		<p>Iron at lukewarm temperature</p>		<p>Do not dry in a spin-dryer</p>
	<p>Bleaching is not possible</p>		<p>Do not chemically clean</p>		

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## 6. Maintenance

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Check the Kangaroo Top regularly for any loose seams, damage, or broken press studs. Do not use the product in such cases.

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## 7. Warranty

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Benjamin Care offers a limited 6-month warranty on production and material errors, under the condition that the product is used normally. The warranty does not cover any damage arising from abnormal use, incorrect handling, cleaning, or neglect.





